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2. Using what you learned this unit, describe why your muscles might be sore after you exercise.
3. Using what you learned this unit, describe why you should stretch and cool down after you exercise.
4. Which process that we talked about enables us to make bread?
5. Which process that we talked about enables us to make yogurt?

Fermentation Bell Work Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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